

Scheduled Menus Planned for Week of 08/11/2013 thru 08/17/2013

Cooper, Annabel 017550

August 11, 2013 Sun	August 12, 2013 Mon	August 13, 2013 Tue	August 14, 2013 Wed	August 15, 2013 Thu	August 16, 2013 Fri	August 17, 2013 Sat
Breakfast						
	French Toast (016) Pineapple (040)	Pancakes / Waffle (030) Applesauce (002)	Oatmeal (253) Pears (037)	English Muffin (012) Bananas (004)	Cold Cereal (054) Fruit Cocktail (017)	
	Low Fat (1% & 2% (5)	Low Fat (1% & 2% (5)	Low Fat (1% & 2% (5)	Low Fat (1% & 2% (5)	Low Fat (1% & 2% (5)	
AM Snack						
	Pretzel, Hard (036) Orange Juice (080)	Egg (whole) (166) Apple Juice (062)	Graham Crackers / (258) Low Fat (1% & 2% (5)	Animal Cookies / (268) Low Fat (1% & 2% (5)	White Bread (050) Low Fat (1% & 2% (5)	
Lunch						
	Chicken Breasts (034) White Rice (125) Corn (166) Fruit Cocktail (017) Low Fat (1% & 2% (5)	Hamburger Patty (030) Hamburger Buns (020) French Fries (256) Peaches (036) Low Fat (1% & 2% (5)	Tuna (068) Snack Crackers (264) Green Beans (221) Pineapple (040) Low Fat (1% & 2% (5)	Turkey Lunchmeat (108) Wheat Bread (048) Nectarines (033) Potatoes (Baked / (262) Low Fat (1% & 2% (5)	Beef Hot Dogs (002) Hot Dog Buns (022) Tater Tots (265) Applesauce (002) Low Fat (1% & 2% (5)	
PM Snack						
	Carrots (162) Low Fat (1% & 2% (5)	American Cheese (144) Snack Crackers (264) Low Fat (1% & 2% (5)	Flat Bread (014) Orange Juice (080)	Saltine Crackers (263) Apple Juice (062)	Peaches (036) Low Fat (1% & 2% (5)	
Dinner						
Evening Snack						