

Scheduled Menus Planned for Week of 08/18/2013 thru 08/24/2013

Cooper, Annabel 017550

August 18, 2013 Sun	August 19, 2013 Mon	August 20, 2013 Tue	August 21, 2013 Wed	August 22, 2013 Thu	August 23, 2013 Fri	August 24, 2013 Sat
Breakfast						
	Bagel (001) Cantaloupe (010)	Oatmeal (253) Peaches (036)	Cold Cereal (054) Pears (037)	Toast (057) Raisins (044)	French Toast (016) Applesauce (002)	
	Low Fat (1% & 2% (5)	Low Fat (1% & 2% (5)	Low Fat (1% & 2% (5)	Low Fat (1% & 2% (5)	Low Fat (1% & 2% (5)	
AM Snack						
	Cream of Wheat/Fa (251) Apple Juice (062)	Cheese Crackers (256) Apple Juice (062)	Graham Crackers / (258) Cantaloupe (010)	Cheddar Cheese (145) Flour Tortillas (130)	Egg (whole) (166)	Carrots (162)
Lunch						
	Chicken Breasts (034) Crackers (056) Fruit Cocktail (017) Cucumbers (167) Low Fat (1% & 2% (5)	Turkey Lunchmeat (108) White Bread (050) Cantaloupe (010) Baked Beans (214) Low Fat (1% & 2% (5)	Ham (074) Pita Bread (033) Corn (166) Mixed Fruit (032) Low Fat (1% & 2% (5)	Beef Hot Dogs (002) Hot Dog Buns (022) Blueberries (006) Mixed Vegetables (174) Low Fat (1% & 2% (5)	Beef Meatballs (007) Pretzel, Hard (036) Potato Salad (260) Apples (001) Whole Milk (8)	
PM Snack						
	Mozzarella Cheese (155) Celery (164)	Pancakes / Waffle (030) Low Fat (1% & 2% (5)	Saltine Crackers (263) Cole Slaw (165)	Pretzel, Hard (036) Low Fat (1% & 2% (5)	Oatmeal Cookies (274) Low Fat (1% & 2% (5)	
Dinner						
Evening Snack						